

PREMIERE SURGICAL SPECIALISTS

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Post Operative Information Sheet

Keep the wound dry for 24 to 48 hours. After this time you may remove the dressing. If you have any drains or drainage from your wound you will need to replace the dressing with a clean one.

Under your dressing you most likely have small white strips of tape over the incision. These strips of tape should be left on until they fall off on their own, which usually takes 7-10 days. You may shower with them on just pat them dry with a towel.

If your incision has staples in it, you may shower over these after the first 48 hours. You may leave the incision open to air or cover it, which ever is more comfortable.

If you have visible stitches, you may wash over these after the first 48 hours, unless otherwise instructed. You may leave the incision open to air or cover with a light dressing to prevent the stitches from rubbing on your clothing.

If you have any kind of drain you need to keep the area clean and dry until the drain has been removed.

Watch your incision for signs of infection or excessive bleeding. Signs to look for include:

- Increasing redness
- Increasing pain, rather than decreasing pain
- Swelling
- Drainage of pus
- Fever
- Blood soaking through the dressing

If any of these occur, call the office. If you call after office hours, please leave your name and phone number and one of the physicians will call you back as soon as possible.

Do not soak in water (tub, hot tub, pool, lake, etc.) for 10 days.

If you had a biopsy done, the specimen will be sent to a pathologist within your insurance plan. It generally takes 24 to 48 hours for a final diagnosis. You are welcome to call the office the afternoon following your surgery to see if the results are back. We attempt to notify you as soon as we see the pathologist's report, but we do not mind you calling.

Please call the office if you have any questions or concerns.