

PREMIERE SURGICAL SPECIALISTS  
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Post Operative Breast Biopsy

Keep the wound dry for the first 48 hours. You may remove the gauze dressing after this time. You will find small white strips of tape over the incision. These strips of tape should be left on until they fall off on their own, which usually takes a week or two. After the 48 hours, you may shower over the tapes; just pat them dry with a towel. Do NOT let the incision soak in water (bath, hot tub, pool, etc.) for 10 days.

Some swelling and bruising is common and may be expected. However, it is not normal for your breast to grow significantly (i.e., a full cup size). Should this occur, you need to call the office.

Your stitches are all under the skin and will absorb on their own. You will need to return to the office though in one week to have your incision checked.

We encourage you to limit your activities for the rest of today: no heavy lifting, stretching or excessive arm movements. Tomorrow you may resume your usual activities; however if you find something pulls at your incision, then refrain from that for a few more days. It is up to you whether or not to wear a bra. Some women find it more comfortable wearing a sports bra for a few days or wearing their bra at night.

Your biopsy will be sent to a pathologist within your insurance plan. It generally takes 24 to 48 hours for a final diagnosis. You are welcome to call the office the afternoon following your surgery to see if the results are back. We attempt to notify you as soon as we see the pathologist's report, but we do not mind you calling.

Watch your incision for signs of infection or excessive bleeding, such as:

- Increasing redness
- Increasing pain, rather than decreasing pain
- Fever
- Drainage of pus
- Blood soaking through the dressing
- Excessive swelling

If any of these occur, call the office. If you call after office hours, please leave your name and phone number and one of the physicians will call you back as soon as possible.

Please call the office if you have other questions or concerns.