

RDC
PET SCAN
Patient Instructions

****Low/No Carbohydrates for 12 hours prior to PET Scan
(carbohydrates include breads, pasta, potatoes, rice, nuts, etc)**

****No Sugar, sugar substitutes, fruit or fruit juices or diet drinks 12 hours
prior to PET Scan.**

****May have vegetable and dairy products**

****Tea and Coffee ARE permitted WITHOUT sugar or sugar substitutes**

****Nothing to eat or drink 6 hours prior to test.**

****No exercise 24 hours prior to PET scan**

Diabetics: Follow physician's protocol if you are unable to fast for 6 hour
period prior to test.

****Nursing Mothers discontinue breast-feeding for 3-4- days after dose*****