

Premiere Surgical Specialist

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Post-Operative Vac Assisted Biopsy Instructions

You will be wrapped in ace bandage. This is for compression to stop any bleeding that may occur. Please leave this bandage on until bedtime.

Keep your incision site dry for the first 24 hours after your procedure. You may remove the dressing after 24 hours. You will find small white strips of tape over the incision. These strips of tape should be left in place until they fall off on their own, usually within 1 week to 10 days. After the 24 hours, you may shower with the tapes: just pat your breast dry with a towel. DO NOT let the incision soak in water (bath, hot tub, pool, etc.) for 10 days.

Some swelling and bruising is common and may be expected. However, it is not normal for your breast to grow significantly (e.g. a full cup size). Should this occur, you need to contact our office.

We encourage you to limit your activities for the rest of the day today: no heavy lifting, stretching or excessive arm movements. Tomorrow you may resume your usual activities: however if you find something pulls at your incision, then refrain from that activity for a few more days.

Your biopsy will be sent to the pathologist within your insurance plan. It generally takes 24-48 hours for final diagnosis. We will call you with your results when they are available.

Watch your incision for signs of infection or excessive bleeding, such as:

Increased Redness

Increasing pain

Fever

Drainage of pus

Blood soaking through the dressing

Excessive swelling

If any of these occur, call the office. If you call outside of office hours, please leave your name and phone number and one of our physicians will call you back as soon as possible.

Please call our office if you have any questions or concerns.