

Premiere Surgical Specialists
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VNUS POST OP INSTRUCTIONS

Return to normal activities

Ambulate at frequent intervals, at least 30 minutes daily

Do not sit or stand for long periods of time

Refrain from strenuous activities or heavy lifting for several days

Wear compression stocking until your follow up appointment

Take analgesics as needed per physician's orders

Return for follow-up ultrasound within 2-3 weeks

Please call the doctor's office if you experience pain unrelieved by analgesics, shortness of breath, unusual swelling of your lower extremities, or red line on surgical leg