

Premiere Surgical Specialists is devoted to excellent patient care. By following the above instructions, your cooperation helps us make your surgical experience a comfortable one.

Patient Responsibility: It is the patient's responsibility to ask the insurance company who their preferred hospitals and preferred providers are. Our office will provide your insurance review company with the medical information needed for surgery authorization. The pre-certification review company does not guarantee payment to the facility, the anesthesiologist, the pathologist, the surgeon or their assistant. You will be responsible for any balances should they deny payment.

POSTOPERATIVE INSTRUCTIONS WHAT YOU NEED TO KNOW

The following guidelines apply to most of our surgeries although you may receive different instructions from your surgeon or the nurse upon discharge from the hospital.

PAIN

Pain is highly individualized and is to be expected following surgery. Your pain may increase after a few hours following surgery as the local anesthetics wear off. You should take your pain medication when you notice this increase so as to stay ahead of the pain. If you feel that your medication is ineffective, please call our office.

SIDE EFFECTS FROM PAIN MEDICATIONS

The most common side effects from pain medication are nausea, itching (without obvious rash), and constipation. Nausea may be avoided by taking medication with a small snack. To ease constipation, increase your fluid intake and activity. As your need for the pain medication lessens, you may take Advil, Tylenol, Nuprin, or other over-the-counter medications. Do not take aspirin without your doctor's permission following surgery.

BLEEDING

A small amount of bleeding from your incision is usually normal. If bleeding continues you may apply pressure and/or ice bag to stop it. If significant bleeding continues or if your wound begins to smell foul, you should notify the doctor. Following anal surgery some bleeding is normal especially with the first few bowel movements.

SHOWERING

Your incision should be kept dry for 48 hours. After that time you may remove the gauze dressing and resume showering. Under the gauze you may find small white strips of tape over the incision(s). Leave these strips on until they fall off on their own, which is usually 7-10 days. If you have visible strips you may wash over these after the first 48 hours, unless otherwise instructed. You may leave the incision open to air or cover it with a light dressing to prevent stitches from rubbing on your clothes. No incisions should be allowed to soak in water (bath tube, hot tub, pool, lake, etc) for 10 days.

PREMEIER SURGICAL SPECIALISTS and their staff wish to make your surgical experience go as smoothly as possible. Please call the office at 324-0288 with further questions or concerns.